



Helping Kids Get Healthy and Stay Healthy

Our Vision

To inspire and transform the lives of all children by supporting healthy and positive youth development programs

Our Mission

To provide children, particularly underserved minorities, with the opportunity to participate in safe and impactful fitness, nutritional, and enrichment programs empowering them to live healthy and productive lives

Our Culture

POSITIVE ENVIRONMENT AND EXPERIENCE

- Emotionally and physically safe spaces
- Fun and engaging activities

SUPPORTIVE RELATIONSHIPS

- Proven youth professionals
- Individual attention
- Small group interaction
- Partnerships with community and families

YOUTH CHOICE

- Programs based on youth interest
- Freedom to choose

CONTINUOUS EVALUATION

- Clear goals aligned with our partner programs to continue to meet the needs of the children we serve.

PARTICIPATION

- Open and affordable to all
- Grant funding to programs that support the youth who need us the most